



GLUTEN FREE LIFESTYLE LUNCH & DINNER

Items on this menu are either naturally gluten free or are modified to be made without gluten-containing ingredients. The items that are on this menu are gluten free when ordered the way we have them listed below. A full description of the menu item can be found on the regular menu. Please let your server know your preferences when ordering. All Gluten free items are prepared with dedicated cooking equipment, separate fryer, grill, toaster, etc. to minimize the potential of any cross contamination. Whatever your dietary lifestyle, Wally's is committed to providing a place where everyone can come relax, have fun and enjoy fresh food together.

STARTERS

Chicken Ranch Quesadilla — 15.45
Request Gluten Free Tortilla \$1.00

v Vegan Quesadilla — 14.95
Request Gluten Free Tortilla \$1.00

4 Cheese Spinach Artichoke Dip — 12.95
Request Gluten Free Corn Tortillas \$1.00

SOUPS

Request no crackers

☞ 2023 Chowderfest Winner! Rhode Island
Chowder — 6.45

☞ New England Clam Chowder — 7.25

☞ v Vegan 3 Bean Chili — 6.45

☞ Butternut Squash Bisque — 5.95

☞ v Wild Rice & Mushroom — 6.25

SALADS

All of our dressings are house-made: Vegan Ranch, Vegan Caesar, O & V, Champagne Vinaigrette, Thousand Island, Bleu Cheese, Ranch, Caesar, Dijon Honey Mustard & Balsamic Vinaigrette

Add Protein: Salmon 3oz \$3.45, Chicken 6oz \$5.45, Shrimp (5) \$5.95

House Salad — 12.95
Request no croutons

Buffalo Salad — 16.95

☞ Wedge Salad — 13.95

Request grilled chicken, request no crispy onion straws.

☞ Summer Salad — 13.95

Caesar Salad — 12.95

☞ Greek Salad — 14.95

Request no croutons

☞ California Cobb Salad — 16.95

SANDWICHES & SPECIALTIES

Request Gluten Free French Fries. All sandwiches come with fries & pickle chips

Philly Cheesesteak — 18.45

Blackened Tilapia Sandwich — 18.45

Request Gluten Free Hoagie Roll

Request Gluten Free Roll

Roasted Turkey Club — 17.45

Ahi Tuna Sandwich — 19.45

Request Gluten Free Toast

Request Gluten Free Roll

Buffalo Chicken Wrap — 17.45

Chicken Parmesan Sandwich — 18.45

Request Grilled Chicken, request Gluten Free Wrap

Request Gluten Free Bread Crumbs, Request Gluten Free

Chicken Wrap — 17.45

Hoagie Roll

Request Gluten Free Wrap

Grilled Chicken Avocado Sandwich — 17.45

BBQ Pulled Pork — 16.45

Request Gluten Free Roll

Request no crispy onion straws, request Gluten Free Roll,

Corned Beef Reuben — 17.45

Request Gluten Free Bread

BURGERS AND VEGAN BURGERS

Request Gluten Free Rolls, Request Gluten Free French Fries add \$1.00

Hamburgers — 15.95

v The Impossible Burger — 18.45

Cheeseburger \$17.95 Bacon Cheeseburger \$18.95

v Gardein* & Avocado — 18.45

Whiskey Burger — 17.95

v Quinoa Beet Burger — 18.95

Request no crispy onions

Mac Burger — 17.95

v Chickpea Burger — 17.95

Request Gluten Free Pasta

Southwest Burgers — 17.45

Request no crispy onions

PRIX FIXE ENTRÉES \$24.95

Available after 3:00 pm. All entrées include soup (request no crackers) or salad (request no crackers)

☞ Salmon Tenderloin

Penne Vodka with Chicken

☞ Ahi Tuna

Request Gluten Free Pasta \$1.00

☞ Braised Short Ribs

Chicken Francaise

Thai Shrimp Fettuccine

Request Gluten Free Pasta \$1.00

Request Gluten Free Pasta \$1.00

Truffle Mac & Cheese

Request Gluten Free Pasta \$1.00

KIDS MENU

Lunch/Dinner served all day

Hot Dog — 7.95

Pasta Marinara — 7.95

Request Gluten Free Roll, Request Gluten Free Fries

Request Gluten Free Pasta

Hamburger — 8.45

Mac & Cheese — 7.95

Request Gluten Free Roll, Request Gluten Free Fries

– add cheese .50

Request Gluten Free Pasta

Grilled Chicken Breast — 6.95

Cheese Quesadilla — 7.95

Request Gluten Free French Fries

Request Gluten Free Tortilla

DESSERTS

☞ v Blueberry Crumble — 5.95

☞ Apple Butter Bourbon Gelato — 4.25

☞ Creme Caramel Flan — 6.50

☞ Vanilla Ice Cream — 3.95

☞ Donuts — 4.25

☞ v Cinnamon & Brown Sugar Ice Cream — 3.95

CREDIT CARD CHARGE

A surcharge of 3.5% will be applied to any purchases made using a credit card.
We are currently being charged between 3.5%-4.5% by banks for all credit card transactions.