



GLUTEN FREE DIETARY LIFESTYLES MENU

Items on this menu are either naturally gluten free or are modified to be made without gluten-containing ingredients. The items that are on this menu are gluten free when ordered the way we have them listed below. A full description of the menu item can be found on the regular menu. Please let your server know your preferences when ordering. All Gluten free items are prepared with dedicated cooking equipment, separate fryer, grill, toaster, etc. to minimize the potential of any cross contamination. Whatever your dietary lifestyle, Wally's is committed to providing a place where everyone can come relax, have fun and enjoy fresh food together.

GREAT BEGINNINGS

- ✓ Avocado Toast — 12.95
Request Gluten Free toast or Gluten Free bagel
– Add one egg 1.25 or two eggs 2.50
Add feta cheese 1.50
Breakfast Quesadilla
Request Gluten Free Tortilla — 13.95
- GF Gluten Free Bagel — 3.75
Plain or Everything
- GF Fresh Fruit Bowl
Seasonal restrictions — 6.95
- GF Blueberry Zucchini Muffin — 3.95
- Greek Fruit Bowl — 11.95
Request Gluten Free Granola
- GF Donuts
2 Donuts - Gluten Free, Dairy Free & Soy Free. Your choice of powdered, glazed, or one of each.

CREPES

Request Gluten Free Crepes

- Lemon Blueberry Ricotta Crepes — 15.95
- Fresh Fruit Crepes — 15.95
- Apple Cinnamon Crepes — 15.95
- Nutella Banana Crepes — 15.95

BREAKFAST SANDWICHES

Request Gluten Free Roll, Gluten Free Bagel or Gluten Free Toast

- Healthy Start — 10.95
- The Trenton — 9.75
- The Beach — 9.75

EGGS, ETC.

Eggs any style, choice of breakfast meat (Bacon, Sausage, Country Ham, Turkey Sausage) & choose Gluten Free Toast. Substitute Gluten Free Bagel for .50

- One Egg Breakfast — 9.45
- Two Egg Breakfast — 11.45
- Three Egg Breakfast — 13.45

WALLY'S SPECIALTIES

- Salmon Toast — 14.95
Request Gluten Free Toast or Gluten Free Bagel
- Weekend Warrior — 19.45
Request Gluten Free Pancakes
- GF Skip the Workout — 14.95
- Wally's Hash & Eggs — 17.45
Request Gluten Free Toast
- Breakfast Burrito — 15.45
Request Gluten Free Wrap
- GF Tofu Scramble — 16.95
- Egg White Burrito — 15.95
Request Gluten Free Wrap
- South of the Border Burrito — 15.45
Request Gluten Free Wrap
- S.O.S. — 15.45
Request Gluten Free Toast

STEEL CUT OATMEAL

- GF Build Your Own Oatmeal — 8.95
- GF ✓ Plain Steel-Cut Oatmeal — 6.95
A creamy, warm bowl of Bob's Red Mill oats.

BENEDICTS

Request Gluten Free English Muffin

- Trenton Benedict — 17.45
- Country Benedict — 17.45
- Florentine Benedict — 16.95
- Irish Benedict — 18.45
- Smoked Salmon Benedict — 18.45

OMELETTES

Request Gluten Free Toast. Egg Whites add 2.00

- The Madrid — 15.45
- Shrimp & Avocado — 16.95
- Western — 14.95
- Margherita — 14.95
- Mushroom Swiss — 14.45
- Garden — 14.95
- Mediterranean — 14.95
- Farmers — 15.95
- Smoked Salmon & Swiss — 16.95

FRENCH TOAST

Request Gluten Free Bread

- French Toast
Two stack 10.95 Three stack 13.45
- Bananas Foster Flambé
Two stack 12.95 Three stack 16.95

WAFFLES

Request Gluten Free Waffle

- Classic Gluten Free Waffle — 13.45
- Dirty Monkey Waffle — 15.95

PANCAKES

Request Gluten Free Pancakes

- ✓ Gluten Free Pancakes — 13.95
- ✓ Cinnabon Pancakes — 15.95
- ✓ Peanut Butter Cup Pancakes — 15.95
- ✓ Chocolate Chip Pancakes — 15.45
- ✓ Fruit Pancakes — 15.95

SIDES

- GF 1 Egg — 1.25
- GF Side of Gluten Free Toast — 1.95
- GF Wally's Corned Beef Hash — 8.99
- GF ✓ Home Fries — 2.50

KIDS MENU

Breakfast served until 2:00

- Silver Dollar Pancakes — 6.95
Request Gluten Free
- Kid Breakfast Burrito — 6.95
Request Gluten Free Wrap
- Kid Banana Nutella Crepes — 7.95
Request Gluten Free Crepes
- Kid Fresh Fruit Crepe — 7.95
Request Gluten Free Crepes \$1.00
- Cold Cereal — 5.95
"One Degree" Gluten Free Honey Oats
- Mickey Mouse Waffle — 6.95
Request Gluten Free
- Cheesy Eggs — 6.45
Request Gluten Free Toast

CREDIT CARD CHARGE

A surcharge of 3.5% will be applied to any purchases made using a credit card.
We are currently being charged between 3.5%-4.5% by banks for all credit card transactions.